**Client Side Importance - James**

Graphical user interface

Description automatically generated with medium confidence

**Description**

This displays the name and date of the clients next workout

**Ranking**: 9 / 10

**Comments**: Date is a good idea

Icon

Description automatically generated

**Description**

This displays the clients daily steps for the day against the goal set by the Trainer feeding in from their fitbit

**Ranking**: 10 / 10

**Comments**: I have been to a PT before and they always asked for my step count



**Description**

This displays the clients sleep ranking from the night before feeding in from their fitbit

**Ranking**: 10 / 10

**Comments**: If I don’t get a good rest, I tend to skip the gym, so this would motivate me if it says good

Icon

Description automatically generated

**Description**

This displays the clients live heart rate feeding in from their fitbit

**Ranking**: 2 / 10

**Comments**: I don’t feel a big need for this

Graphical user interface, text, application

Description automatically generated

**Description**

This displays the clients current intake for the day, along with the macros of each meal

**Ranking**: 7 / 10

**Comments**: I feel this is important but would depend on a persons aim

Text

Description automatically generated with low confidence

**Description**

This displays the clients total calories for the day against the goal set for them by the trainer

**Ranking**: 6 / 10

**Comments**: I don’t feel this is as important as the likes of proteins and fats